

HEALING THE FAMILY:

CONJOINT FAMILY THERAPY FOR ADDICTED AND DYSFUNCTIONAL FAMILIES



AN IN-DEPTH TRAINING
PRESENTED BY DR. DON OSBORNE
IN CONJUNCTION WITH THE SASSI
INSTITUTE

Live webinar

August 24th

9 am – 1 pm EST

or choose

August 25th

Noon – 4 pm EST

Addiction is a Family Disease

Families are systems of relationships with each member playing their part to maintain a homeostasis or equilibrium. This is true of addicted and dysfunctional families as well as healthy ones. Individual family members assume roles within the system. Families with an addicted member may point to the addict as the troubled one and fail to recognize the damage being done to everyone in the family. Families very often unintentionally contribute to the addiction. Roles and behavior follow predictable patterns. Children are particularly vulnerable to developing life-long dysfunctional ways of coping, including developing serious mental health issues or becoming alcoholic or drug dependent themselves. Treating an alcoholic or otherwise addicted individual and not helping the entire family change as a unit frequently leads to treatment failure. Family education is not enough. Conjoint family therapy or multiple families group therapy has worked well in disrupting the dysfunctional homeostasis of addicted families, and then helping them construct a much healthier system of relationships. The chance of addicts recovering increases as their whole family recovers. Dr. Don Osborne delivers a webinar on counseling the family unit as a focus of addiction treatment.

What You Will Learn:

- An Introduction to systems theory
- Systems theory's application to understanding human interaction
- How to get family members to participate in therapy
- An introduction to transaction analysis as a communication tool for changing family interactions
- A historical perspective of the special application of systems to addicted and dysfunctional families
- Family roles
- Family Scripts
- How to use genograms to identify life scripts and repeated patterns of behavior
- How to use Olsen's Circumplex family model to help families change
- How to help families contract for new behavior

Visit www.sassi.com/other-training-online/ for registration information, provides 4 CEUs.