# SAMPLE Assessment Summary XYZ Counseling Center

Name: George Gender: Male

Total Arrests, Drug/Alcohol Related: One

Age: 40

Date of Offense: 02-15-09

Family History of Substance Use: Yes

#### **Presenting Problem:**

George is a forty-year-old Caucasian male who was referred by the court for screening and evaluation following his arrest for driving under the influence.

### **Initial Screening:**

George was referred to XYZ Counseling Center by Judge Hap of the Springfield DUI Court to determine the extent to which George is at risk for impaired driving and if further assessment is warranted. As a standard intake procedure, all DUI offenders are administered the Behaviors & Attitudes Drinking & Driving Scale (BADDS), a brief questionnaire used to identify risk of future impaired driving as well as intervention effectiveness. George's pretest scores were:

RD	LA	LD	DB	RB	
36	24	18	1	0	

#### **BADDS Pretest Results:**

While George's Riding Behaviors (RB) score indicates that he is at low risk for riding in a vehicle with someone who is impaired, his other scores reveal considerable risk for future impaired driving. George's Rationalizations for Drinking & Driving (RD) and Lenient Attitudes (LA) scores fall within the high risk category. These scores suggest that George is inclined to agree with rationalizations and attitudes that support or

## Results of screening for a substance use disorder:

Based on George's high risk-taking behaviors and attitudes acknowledged on the BADDS and collateral information that was gathered during the DUI intake process, screening for a substance use disorder was warranted.

George completed the Substance Abuse Subtle Screening Inventory (SASSI-3), a brief screener for substance use disorder that also gathers useful clinical information. The results follow.

Ì	FVA	FVOD	SYM	OAT	SAT	DEF	SAM	FAM	COR	RAP
	12	3	6	7	4	5	6	8	12	0

George's SASSI-3 scores reveal that he has a high probability of substance dependence disorder.

From examining the face valid items that George endorsed on the SASSI-3, the following information was revealed:

- Drinking has caused trouble on the job, in school, or at home
- Arguing with family and/or friends because of drinking has occurred.

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promote impaired Likelihood Rationalizing **Lenient Attitudes Riding Behaviors Driving Behaviors** (RB): (RD): (LA): (DB): driving. His Likelihood RB Pre RD Pre LD Pre DB Pre of Drinking Low (0-15)  $\overline{\mathbf{M}}$ Low (0-12) Low (0-10) П Low (0) Low (0) Driving Moderate (13-24) Moderate (16-30)  $\sqrt{\phantom{a}}$ Moderate (1-2) Moderate (1-2) Moderate (11-20)  $\sqrt{\phantom{a}}$ (LD) and M High (25-48) High (21-40) High (31-60) П High (3 or more) High (3 or more) Drinking & Driving

Behaviors (DB) scores fall within the moderate range, revealing that George admits to having driven a vehicle while impaired and may be likely to do so again.

- Relationship problems (e.g. loss of friends, separation, divorce, etc.) have stemmed from his drinking.
- He has tried to talk a doctor into giving him prescription drugs.
- George admits to sometimes drinking too much.
- He endorsed having used alcohol or "pot" too much or too often.
- His father was/is a heavy drinker or drug user.
- When he drinks or uses drugs he tends to get into trouble.
- George's drinking or other drug use causes problems between him and his family.

The face valid items reveal the extent to which George acknowledges loss of control and experiencing negative consequences as a result of his substance misuse. George's family and social system seems to be negatively affected by addiction. These items also indicate that family conflict is a significant consequence of his

drinking and/or drug use

behavior.

George's OAT score, which is elevated above the 85th percentile, as are his scores on the FVA and SYM scales, suggests that he may have sufficient insight to understand that his alcohol use behavior is becoming a problem for him in daily life. An elevated COR score of 12 shows a similarity in responses to other people who are involved in the criminal justice system who also have alcohol and drug problems. One should be cautious drawing conclusions from this score but be open to considering possible similarities that may affect George's ability to respond to a treatment program.

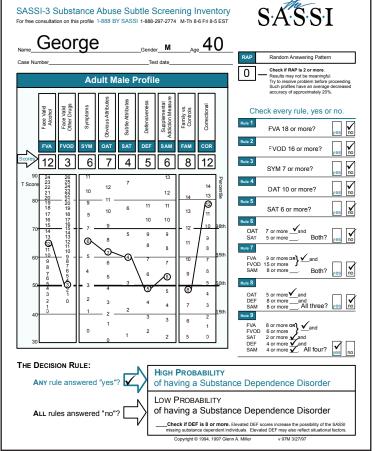
#### Interview:

In the clinical interview, the counselor explained the test results and engaged him in further conversation about the extent to which his life has been negatively influenced by his alcohol and drug use. George reports that the drug use behavior is not a current concern, since this consisted of marijuana use before age 20, and none since then. George admitted that he has been confronted by his family on several occasions about his drinking, but that this is the first time that he has been in legal trouble because of it. He reported that he would comply with any court-ordered educational course or treatment plan.

#### **Clinical Recommendation:**

Based on George's BADDS and SASSI scores, therapeutic intervention is recommended. XYZ Counseling Center recommends to the court that George participate in a 6-week impaired driving education course and an outpatient group therapy substance

> abuse program, for 3 months. Some of the issues to be addressed include control of his anger and impulses, as well as improving his ability to manage feelings of frustration. George's behavior and history of substance misuse has led to extensive issues involving family and friends. Engaging the family in the therapeutic intervention process may prove useful in identifying whether family members are also in need of assessment and treatment and the extent to which they can provide support for George's recovery. Finally, once George has completed the recommended interventions, completion of



the BADDS as a posttest should reveal the extent to which the intervention has been effective in reducing George's risk for further impaired driving events.